

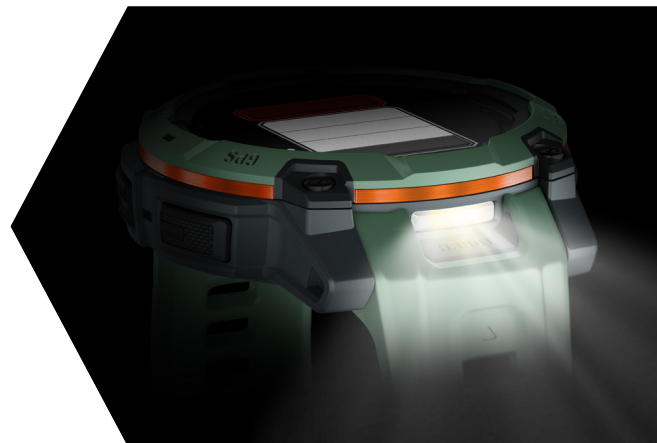
INSTINCT® 3 SERIES

RUGGED GPS SMARTWATCHES



PRODUCT OVERVIEW

The Instinct 3 series includes rugged GPS smartwatches with options for a bright AMOLED display or a solar charging display for unlimited battery life¹. Standard units include the black and charcoal, accompanied by the Tropical Pulse Collection — bright and bold colorways that are available for a limited time only. With bolted construction, a metal-reinforced bezel and a scratch-resistant lens, these smartwatches can take on your toughest adventures. They're engineered to MIL-STD-810 standards for thermal and shock resistance and are also 10 ATM water-rated. They offer a built-in LED flashlight with variable intensities and strobe modes that give you greater visibility outdoors and provide convenient illumination when you need it. To keep you on track, Instinct 3 includes a built-in 3-axis compass and barometric altimeter. Plus, multi-band GPS with SatIQ™ technology delivers superior positioning while optimizing battery life. The 24/7 health and wellness features keep you connected to your body with heart rate tracking, advanced sleep monitoring, Pulse Ox² and more. The Instinct 3 series also includes smart Garmin Pay™ contactless payments³.



INSTINCT® 3 SERIES

RUGGED GPS SMARTWATCHES

KEY FEATURES

AMOLED DISPLAY

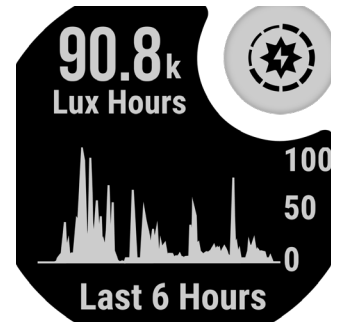
NEW

Instinct 3 series offers options with a bright 1.2" or 1.3" AMOLED display to make detailed information easy to read at a glance, while still providing great battery life with up to 24 days in smartwatch mode on the 50 mm model.



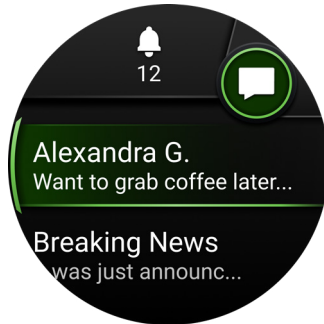
SOLAR CHARGING

For those who are looking for even greater battery life for their outdoor adventures, Instinct 3 series features options with a monochrome, sunlight-visible, transfective MIP display with a solar charging lens that extends battery life up to 40 days (unlimited with solar¹) in smartwatch mode on the 50 mm model.



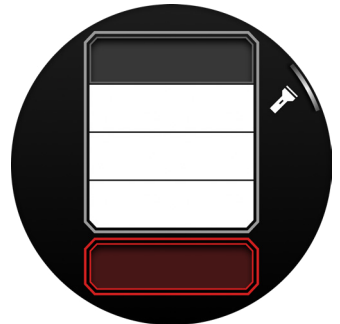
STAY CONNECTED

Enjoy everyday wearability, and live connected with smart notifications⁴, Garmin Pay™ contactless payments³ and more.



BUILT-IN FLASHLIGHT

See and be seen with a built-in flashlight, featuring variable intensities and an alternate red light.



HEALTH TRACKING

Make bold moves with health monitoring features, including heart rate, advanced sleep monitoring, Pulse Ox² and more.



GPS/NAVIGATION/SENSORS

[Navigate](#) the outdoors with superior positioning accuracy, thanks to multi-band GPS with SatIQ™ technology plus an altimeter, a barometer and a 3-axis electronic compass.



INSTINCT® 3 SERIES

RUGGED GPS SMARTWATCHES

KEY FEATURES CONTINUED

RUGGED DESIGN AND METAL-REINFORCED BEZEL

NEW

Explore confidently with a rugged design, including a metal-reinforced bezel and scratch-resistant display.

10 ATM WATER RATING

Provides a 100-meter water rating and is designed to MIL-STD-810 standards for thermal and shock resistance.

MULTI-BAND GPS + SATIQ™ TECHNOLOGY

NEW

Navigate confidently with multi-band GPS, featuring SatIQ technology, which delivers superior positioning while optimizing battery life.

GARMIN SHARE

NEW

Use this feature to easily share saved locations, courses and workouts with friends' compatible Garmin devices.

TRAIN TO PERFORM

Begin each day with a customizable morning report offering a summary of health and wellness information. Use the [training readiness](#) feature, which looks at a variety of health metrics, to maximize your training efficiency and recovery⁵ — to help prevent burnout.

GARMIN MESSENGER™ APP

NEW

Communicate via two-way text [messaging](#)⁶ on your wrist.

GARMIN PAY™ CONTACTLESS PAYMENTS

Breeze through checkout lines or transit systems with [participating providers](#).

CONNECT IQ™ STORE

[Add watch faces, data fields and apps](#) to your paired watch.

SAFETY AND TRACKING

If you feel unsafe or if your watch senses that an incident occurred, your watch will [send a message](#) with your live location⁷.

HRV STATUS

Gain a deeper understanding of your overall health through [heart rate variability](#) while you sleep.

MORNING REPORT

Get a customizable overview of your sleep, training outlook, HRV status, weather and more as soon as you wake up.

TRACK YOUR ACTIVITIES

Use preloaded activity profiles to get data and insight from your active pursuits. Even track team sport activities such as soccer, football, racquet sports and more.

GARMIN COACH

Train for an event, achieve a milestone, or improve your fitness with [Garmin Coach training plans](#) for runners and cyclists.

DAILY WORKOUT SUGGESTIONS

View your entire week of daily suggested workouts, which adapt after every run or ride to match your performance and recovery as well as the races coming up in your [Garmin Connect™ smartphone app](#) calendar.





VO2 MAX

Train smarter with [VO2 max](#), an indicator of how you can expect to perform. It even accounts for changes in performance that could be caused by [heat or altitude](#).

INSTINCT® 3 SERIES

RUGGED GPS SMARTWATCHES

PRODUCT COMPARISON

	INSTINCT® 2 SOLAR	INSTINCT® 2X SOLAR	INSTINCT 3 – SOLAR	INSTINCT 3 – AMOLED
				
CASE SIZE	45 mm	50 mm	45 mm 50 mm	45 mm 50 mm
DISPLAY SIZE	Custom, two-window design 0.9" x 0.9" (23 x 23 mm)	Custom, two-window design 1.1" x 1.1" (27 x 27 mm)	Custom, two-window design 0.9" x 0.9" (23 x 23 mm) 1.1" x 1.1" (27 x 27 mm)	1.2" (30 mm) diameter 1.3" (33 mm) diameter
DISPLAY TYPE	Monochrome, sunlight-visible, transflective memory-in-pixel (MIP)	Monochrome, sunlight-visible, transflective memory-in-pixel (MIP)	Monochrome, sunlight-visible, transflective memory-in-pixel (MIP)	AMOLED
BATTERY LIFE	Smartwatch: up to 28 days; unlimited with solar ¹ GPS: up to 30 hours; 48 hours with solar ²	Smartwatch: up to 40 days; unlimited with solar ¹ GPS: up to 60 hours; 145 hours with solar ²	45 mm: Smartwatch: up to 28 days; unlimited with solar ¹ GPS: up to 40 hours; 130 hours with solar ² 50 mm: Smartwatch: up to 40 days; unlimited with solar ¹ GPS: up to 60 hours; 260 hours with solar ²	45 mm: Smartwatch: up to 18 days (7 days always-on) GPS: up to 32 hours 50 mm: Smartwatch: up to 24 days (9 days always-on) GPS: up to 40 hours
WATER RATING	10 ATM	10 ATM	10 ATM	10 ATM
SMART NOTIFICATIONS⁴	•	•	•	•
HEALTH MONITORING	•	•	•	•
SLEEP SCORE	•	•	•	•
GARMIN COACH	•	•	•	•
VO2 MAX	•	•	•	•
GARMIN PAY™³ CONTACTLESS PAYMENTS	•	•	•	•
PULSE OX²	•	•	•	•
HRV STATUS	•	•	•	•
CONNECT IQ™ STORE	•	•	•	•
ASSISTANCE AND INCIDENT DETECTION⁷	•	•	•	•
BUILT-IN SPORTS APPS	•	•	•	•
DAILY SUGGESTED WORKOUTS	•	•	•	•
DOG TRACKING	•	•	•	•
INREACH® WIDGET COMPATIBLE	•	•	•	•
TRAINING STATUS	•	•	•	•
TRAINING READINESS	•	•	•	•
ABC SENSORS	•	•	•	•
SOLAR CHARGING CAPABILITIES	•	•	•	•
BUILT-IN LED FLASHLIGHT		•	•	•
MULTI-BAND GPS WITH SATIQ™ TECHNOLOGY		•	•	•
GARMIN SHARE			•	•
METAL-REINFORCED BEZEL			•	•
GARMIN MESSENGER™ APP FOR WEARABLES⁶			•	•

INSTINCT® 3 SERIES

RUGGED GPS SMARTWATCHES

PRODUCT CONFIGURATIONS

SCHEDULE B: 8517620085
HTS: 8517.62.0090

INSTINCT 3 45 MM, AMOLED



LIMITED EDITION

AVAILABLE	INCLUDES	COUNTRY OF ORIGIN		
Now	Instinct 3 series smartwatch, charging/data cable, documentation	Made in Taiwan. Cable made in Taiwan, China, Vietnam or Myanmar.		
DESCRIPTION		SKU	UPC	MRP
Instinct 3 – 45 mm, AMOLED Black with black silicone band		010-02936-00	753759339487	\$449.99 USD \$629.99 CAD
LIMITED EDITION	Instinct 3 – 45 mm, AMOLED Neo tropic with neo tropic silicone band	010-02936-01	753759339494	\$449.99 USD \$629.99 CAD

INSTINCT 3 50 MM, AMOLED



LIMITED EDITION

AVAILABLE	INCLUDES	COUNTRY OF ORIGIN		
Now	Instinct 3 series smartwatch, charging/data cable, documentation	Made in Taiwan. Cable made in Taiwan, China, Vietnam or Myanmar.		
DESCRIPTION		SKU	UPC	MRP
Instinct 3 – 50 mm, AMOLED Black with charcoal silicone band		010-03020-00	753759341640	\$499.99 USD \$699.99 CAD
LIMITED EDITION	Instinct 3 – 50 mm, AMOLED Neo tropic with twilight silicone band	010-03020-01	753759341657	\$499.99 USD \$699.99 CAD

INSTINCT 3 45 MM, SOLAR



LIMITED EDITION

AVAILABLE	INCLUDES	COUNTRY OF ORIGIN		
Now	Instinct 3 series smartwatch, charging/data cable, documentation	Made in Taiwan. Cable made in Taiwan, China, Vietnam or Myanmar.		
DESCRIPTION		SKU	UPC	MRP
Instinct 3 – 45 mm, Solar Black with black silicone band		010-02934-00	753759339500	\$399.99 USD \$559.99 CAD
LIMITED EDITION	Instinct 3 – 45 mm, Solar Twilight with twilight silicone band	010-02934-01	753759339517	\$399.99 USD \$559.99 CAD

INSTINCT 3 50 MM, SOLAR



LIMITED EDITION

AVAILABLE	INCLUDES	COUNTRY OF ORIGIN		
Now	Instinct 3 series smartwatch, charging/data cable, documentation	Made in Taiwan. Cable made in Taiwan, China, Vietnam or Myanmar.		
DESCRIPTION		SKU	UPC	MRP
Instinct 3 – 50 mm, Solar Black with charcoal silicone band		010-02935-00	753759339524	\$449.99 USD \$629.99 CAD
LIMITED EDITION	Instinct 3 – 50 mm, Solar Twilight with solstice silicone band	010-02935-01	753759339531	\$449.99 USD \$629.99 CAD

INSTINCT® 3 SERIES

RUGGED GPS SMARTWATCHES

PHYSICAL SPECIFICATIONS

	Instinct 3 – 45 mm, AMOLED	Instinct 3 – 50 mm, AMOLED
Unit dimensions (WxHxD)	45 x 45 x 14.9 (mm)	50 x 50 x 14.4 (mm)
Lens material	Chemically strengthened glass	Chemically strengthened glass
Bezel material	Fiber-reinforced polymer/aluminum	Fiber-reinforced polymer/aluminum
Case material	Fiber-reinforced polymer	Fiber-reinforced polymer
Display	1.2" (30.0 mm) diameter 390 x 390 pixels Color, AMOLED	1.3" (33.0 mm) diameter 416 x 416 pixels Color, AMOLED
Watch band	Includes silicone watch band Silicone adjustment band length: 128.7 mm Silicone buckle band length: 95.8 mm Total length of silicone adjustment and buckle bands: 224.5 mm	Includes silicone watch band Silicone adjustment band length: 128.2 mm Silicone buckle band length: 99.0 mm Total length of silicone adjustment and buckle bands: 227.2 mm
Wrist circumference	Silicone band: 137–204 mm	Silicone band: 141–213 mm
Weight	53 g	59 g
Battery life	Smartwatch: up to 18 days (7 days always-on) Battery saver watch mode: up to 24 days GPS only: up to 32 hours All satellite systems: up to 25 hours All satellite systems + multi-band GPS: up to 23 hours ⁹ Max battery GPS: up to 68 hours Expedition GPS: up to 16 days	Smartwatch: up to 24 days (9 days always-on) Battery saver watch mode: up to 30 days GPS only: up to 40 hours All satellite systems: up to 32 hours All satellite systems + multi-band GPS: up to 30 hours ⁹ Max battery GPS: up to 86 hours Expedition GPS: up to 20 days
Battery type	Rechargeable internal lithium-ion	Rechargeable internal lithium-ion
Water rating	10 ATM Withstands pressures equivalent to a depth of 100 meters	10 ATM Withstands pressures equivalent to a depth of 100 meters
Memory	4 GB	4 GB
Wireless technologies	BLUETOOTH® and ANT+® technologies	BLUETOOTH and ANT+ technologies

	Instinct 3 – 45 mm, Solar	Instinct 3 – 50 mm, Solar
Unit dimensions (WxHxD)	45 x 45 x 14.9 (mm)	50 x 50 x 14.4 (mm)
Lens material	Power Glass™ lens	Power Glass lens
Bezel material	Fiber-reinforced polymer/aluminum	Fiber-reinforced polymer/aluminum
Case material	Fiber-reinforced polymer	Fiber-reinforced polymer
Display	Custom, two-window design: 0.9" x 0.9" (23 x 23 mm) 176 x 176 pixels Monochrome, sunlight-visible, transfective memory-in-pixel (MIP)	Custom, two-window design: 1.1" x 1.1" (27 x 27 mm) 176 x 176 pixels Monochrome, sunlight-visible, transfective memory-in-pixel (MIP)
Watch band	Includes silicone watch band Silicone adjustment band length: 128.7 mm Silicone buckle band length: 95.8 mm Total length of silicone adjustment and buckle bands: 224.5 mm	Includes silicone watch band Silicone adjustment band length: 128.2 mm Silicone buckle band length: 99.0 mm Total length of silicone adjustment and buckle bands: 227.2 mm
Wrist circumference	137–204 mm	141–213 mm
Weight	52 g	58 g
Battery life	Smartwatch: up to 28 days/unlimited with solar ¹ Battery saver watch mode: up to 65 days/unlimited with solar ¹ GPS only: up to 40 hours/130 hours with solar ⁹ All satellite systems: up to 28 hours/50 hours with solar ⁹ All satellite systems + multi-band GPS: up to 24 hours/40 hours with solar ¹⁰ Max battery GPS: up to 100 hours/unlimited with solar ⁹ Expedition GPS: up to 36 days/unlimited with solar ¹	Smartwatch: up to 40 days/unlimited with solar ¹ Battery saver watch mode: up to 100 days/unlimited with solar ¹ GPS only: up to 60 hours/260 hours with solar ⁹ All satellite systems: up to 40 hours/80 hours with solar ⁹ All satellite systems + multi-band GPS: up to 34 hours/60 hours with solar ¹⁰ Max battery GPS: up to 150 hours/unlimited with solar ⁹ Expedition GPS: up to 60 days/unlimited with solar ¹
Battery type	Rechargeable internal lithium-ion	Rechargeable internal lithium-ion
Water rating	10 ATM Withstands pressures equivalent to a depth of 100 meters	10 ATM Withstands pressures equivalent to a depth of 100 meters
Memory	128 MB	128 MB
Wireless technologies	BLUETOOTH and ANT+ technologies	BLUETOOTH and ANT+ technologies

INSTINCT® 3 SERIES

RUGGED GPS SMARTWATCHES

PACKAGING SPECIFICATIONS



Instinct 3 – 45 mm, AMOLED

Gift box dimensions (WxHxD)	3.6" W x 4.4" H x 2.8" D (91 x 112 x 70.5 mm)
Gift box weight	5.7 oz (162 g)
Master carton dimensions (WxHxD)	15.1" W x 15.2" H x 15.9" D (384 x 378 x 403 mm)
Master carton weight	23.6 lbs (10.7 kg)
Master carton quantity	60

Instinct 3 – 50 mm, AMOLED

Gift box dimensions (WxHxD)	3.6" W x 4.4" H x 2.8" D (91 x 112 x 70.5 mm)
Gift box weight	6.5 oz (184 g)
Master carton dimensions (WxHxD)	15.1" W x 15.2" H x 15.9" D (384 x 378 x 403 mm)
Master carton weight	26.5 lbs (12.0 kg)
Master carton quantity	60



Instinct 3 – 45 mm, Solar

Gift box dimensions (WxHxD)	3.6" W x 4.4" H x 2.8" D (91 x 112 x 70.5 mm)
Gift box weight	5.6 oz (160 g)
Master carton dimensions (WxHxD)	15.1" W x 15.2" H x 15.9" D (384 x 378 x 403 mm)
Master carton weight	23.3 lbs (10.6 kg)
Master carton quantity	60

Instinct 3 – 50 mm, Solar

Gift box dimensions (WxHxD)	3.6" W x 4.4" H x 2.8" D (91 x 112 x 70.5 mm)
Gift box weight	6.4 oz (182 g)
Master carton dimensions (WxHxD)	15.1" W x 15.2" H x 15.9" D (384 x 378 x 403 mm)
Master carton weight	26.2 lbs (11.9 kg)
Master carton quantity	60

PRODUCT COPY

Product copy for the Instinct 3 series can be downloaded from the [Dealer Resource Center](#).

INSTINCT 3 SERIES VIDEO



INSTINCT 3 SERIES VIDEO





INSTINCT® 3 SERIES

RUGGED GPS SMARTWATCHES

MERCHANDISING

DUMMY UNITS

	SKU	IMAGE
INSTINCT 3 – 45 MM, AMOLED BLACK WITH BLACK SILICONE BAND	010-M2936-00	
INSTINCT 3 – 50 MM, AMOLED BLACK WITH CHARCOAL SILICONE BAND	010-M3020-00	
INSTINCT 3 – 45 MM, SOLAR BLACK WITH BLACK SILICONE BAND	010-M2934-00	
INSTINCT 3 – 50 MM, SOLAR BLACK WITH CHARCOAL SILICONE BAND	010-M2935-00	

ACRYLIC PEDESTAL



This display is designed for small, narrow spaces and should be used inside a glass case. When featuring multiple products, pedestals may be merchandised side by side. Use with a dummy unit and a bracket and small product card, both ordered separately.

SKU: **M00-10769-00**

Size: **2.9" W x 2.9" D x 0.7" H**

TRAY KIT SYSTEM

This display is great for small spaces and should be used inside a glass case. It displays up to 2 Garmin dummy units on each tray kit. For larger product assortments, tray kits may be merchandised side by side. Use with dummy units, small product cards, common features product cards, brackets, graphic back panels and trays, all ordered separately.



GRAPHIC FOR TRAY KIT

SKU: **M00-00941-04**

Size: **7" W x 9" H**



SMALL TRAY 7" W X 6" D

SKU: **M00-00527-00**

Size: **7" W x 6" D**

INSTINCT® 3 SERIES

RUGGED GPS SMARTWATCHES

MERCHANDISING CONTINUED

ACRYLIC NONPOWERED FREESTANDING DISPLAY WITH WHEELS



This display ships as one full piece with wheels; is nonpowered and great for small, narrow spaces; and includes a lock and key. These displays are fully customizable and fit a variety of Garmin products. It displays up to 12 Garmin dummy units. Use with dummy units, small product cards, common features product cards, brackets and acrylic pedestals, all ordered separately.

Contact your inside sales rep or order administration representative to place an order for the display if you meet the order requirements.

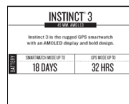
SKU: **M00-00982-00**
 Size: **16" W x 15" D x 68.5" H** (approximately)
 Delivered by FedEx Freight
 Weight on pallet: **150 lbs** (approximately)
 Dimensions on pallet: **48" W x 40" D x 80" H** (approximately)

BLUE WEDGE MAGNETIC GRAPHIC
 SKU: **M00-00909-00**
 Size: **14.35" W x 16" H**

INTERCHANGEABLE MERCHANDISING COMPONENTS THAT CAN BE USED ON THE PEDESTALS, TRAY KITS AND ACRYLIC NONPOWERED FREESTANDING DISPLAY

SMARTWATCH BRACKET

SKU: **M00-10751-00**
 Size: **1.5" W x 4.0" H**



SMALL PRODUCT CARDS

Size: **2" H x 2.5" W**

INSTINCT 3 – 45 MM AMOLED
 SKU: **M00-01000-00**

INSTINCT 3 – 50 MM AMOLED
 SKU: **M00-01000-01**

INSTINCT 3 – 45 MM SOLAR
 SKU: **M00-01000-02**

INSTINCT 3 – 50 MM SOLAR
 SKU: **M00-01000-03**

TRAY KIT/ACRYLIC DISPLAY COMMON FEATURES PRODUCT CARD – SMARTWATCH

SKU: **M00-00977-00**
 Size: **6.75" L x 4.0" H**



Final artwork is subject to change from images shown in the merchandising section. For more information on merchandising, please visit the [Dealer Resource Center](#).

INSTINCT® 3 SERIES

RUGGED GPS SMARTWATCHES

MERCHANDISING CONTINUED

GARMIN BRANDED FREESTANDING/ COUNTERTOP LIGHT BOX DISPLAYS

Showcase a range of Garmin products with these displays featuring a bright light box graphic. They can be customized by ordering dummy units, brackets, product cards, common features product cards and light box graphics. You can feature up to 7 dummy units on the freestanding display and up to 3 dummy units on the countertop display.

Contact your inside sales rep or order administration representative to place an order for the display if you meet the order requirements.

Freestanding Light Box Display:
24" W x 62.98" H x 23.166" D

Countertop Light Box Display:
12" W x 18.08" H x 14" D



GARMIN BRANDED GRAY FREESTANDING/ COUNTERTOP VIDEO DISPLAYS

Order these components to update your freestanding or countertop display: dummy units, brackets, SD™ card, product card and graphics. Contact your inside sales rep or order administration representative to place an order for the update components.



Final artwork is subject to change from images shown in the merchandising section. For more information on merchandising, please visit the [Dealer Resource Center](#).

INSTINCT® 3 SERIES

RUGGED GPS SMARTWATCHES

COMPATIBLE APPS

GARMIN CONNECT™ APP



On mobile or web, Garmin Connect is the tool for tracking, analyzing, and sharing health and fitness activities recorded by your paired Garmin device.

CONNECT IQ™ STORE APP



The Connect IQ Store smartphone app is your all-in-one source for personalizing compatible Garmin devices with downloads of apps, widgets, watch faces, data fields, music streaming services and more.

GARMIN EXPLORE™ APP



This all-in-one app is made for off-grid adventurers and outdoor enthusiasts alike. Download to your compatible smartphone so you can plan, navigate and review your next great adventure.

GARMIN GOLF™ APP



Download the Garmin Golf app to your compatible smartphone and give every round a tournament feel by competing with fellow golfers on more than 43,000 courses around the world.

GARMIN MESSENGER™ APP



Download the Garmin Messenger app to your compatible smartphone, then pair with your compatible inReach® device for fast, easy messaging⁶ that's not limited to cellphone coverage areas¹¹, or pair to your Instinct 3 series device for two-way messaging right from the watch.

INSTINCT® 3 SERIES

RUGGED GPS SMARTWATCHES

COMPATIBLE PRODUCT OVERVIEW

INREACH® MINI 2 AND INREACH® MESSENGER PLUS COMMUNICATORS



GPSMAP® 67 SERIES HANDHELDS



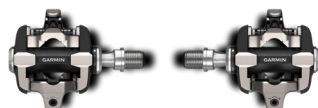
MONTANA® 700 SERIES HANDHELDS



INDEX™ S2 SMART SCALES



RALLY™ POWER METER PEDALS



VARIA™ RCT715 RADAR CAMERA TAIL LIGHT



TACX® NEO 3M SMART TRAINER



ALPHA® 200 AND ALPHA® 300 SERIES HANDHELDS



APPROACH® CT10 CLUB TRACKING SENSORS



See Garmin.com for details and available devices.

INSTINCT® 3 SERIES

RUGGED GPS SMARTWATCHES

COMPATIBLE ACCESSORY OVERVIEW

CHARGING/DATA CABLES



0.5 M SKU: **010-13278-01**
0.5 M UPC: **753759340599**

1.0 M SKU: **010-13278-00**
1.0 M UPC: **753759306014**

Connect this cable to your USB-C® AC adapter (sold separately) to recharge your compatible device.

MSRP: **\$24.99**

HRM-PRO™ PLUS PREMIUM HEART RATE MONITOR



SKU: **010-13118-05**
UPC: **753759346898**

Whether you're training indoors or out, the HRM-Pro Plus heart rate monitor provides the accurate data you need to push limits and reach goals.

MRP: **\$129.99**

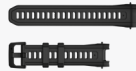
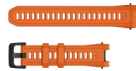
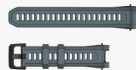

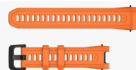
BICYCLE MOUNT KIT



SKU: **010-11029-00**
UPC: **753759075583**

Attach your compatible device to your bike to collect workout data while cycling. Great for multisport workouts, your device quickly attaches to the mount for a clean transition from running to biking.



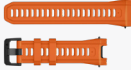
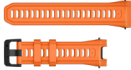
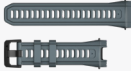
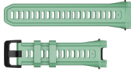
MSRP: **\$14.99**






		SKU	UPC	MSRP	IMAGE
NEW	22 MM WATCH BAND, BLACK SILICONE	010-13395-00	753759339630	\$39.99	
NEW	22 MM WATCH BAND, EMBER ORANGE SILICONE	010-13395-01	753759339647	\$39.99	
NEW	22 MM WATCH BAND, TWILIGHT SILICONE LIMITED EDITION	010-13395-02	753759339654	\$39.99	 LIMITED EDITION
NEW	22 MM WATCH BAND, NEO TROPIC SILICONE LIMITED EDITION	010-13395-03	753759339661	\$39.99	 LIMITED EDITION
NEW	22 MM WATCH BAND, SOLSTICE SILICONE LIMITED EDITION	010-13395-04	753759343750	\$39.99	 LIMITED EDITION

INSTINCT® 3 SERIES

RUGGED GPS SMARTWATCHES

COMPATIBLE ACCESSORY OVERVIEW CONTINUED

	SKU	UPC	MSRP	IMAGE
NEW 26 MM WATCH BAND, CHARCOAL SILICONE	010-13396-00	753759339678	\$39.99	
NEW 26 MM WATCH BAND, BLACK SILICONE	010-13396-01	753759339685	\$39.99	
NEW 26 MM WATCH BAND, EMBER ORANGE SILICONE	010-13396-02	753759339692	\$39.99	
NEW 26 MM WATCH BAND, SOLSTICE SILICONE LIMITED EDITION	010-13396-03	753759339708	\$39.99	 LIMITED EDITION
NEW 26 MM WATCH BAND, TWILIGHT SILICONE LIMITED EDITION	010-13396-04	753759343729	\$39.99	 LIMITED EDITION
NEW 26 MM WATCH BAND, NEO TROPIC SILICONE LIMITED EDITION	010-13396-05	753759343736	\$39.99	 LIMITED EDITION

	SKU	UPC	MSRP/MRP	DESCRIPTION	IMAGE
USB-C® AC ADAPTER	010-13304-00	753759312152	\$49.99	Use this portable USB-C power adapter to charge compatible devices from any standard wall outlet.	
QUICKFIT® BUNGEE MOUNTS	22 MM: 010-13249-01 26 MM: 010-13249-02	22 MM: 753759300784 26 MM: 753759300791	\$24.99	Like to wear your watch on the back of your hand or farther up your forearm? Just attach the mount, and the redundant shock cord system easily keeps your device in place. Secure the mount over heavy jackets, and rest assured your device will stay with you wherever you go.	
HRM 200 HEART RATE MONITOR	M–XL: 010-13388-00 XS–S: 010-13388-01	M–XL: 753759349547 XS–S: 753759349554	\$79.99	Never miss a beat with the HRM 200 heart rate monitor. This comfortable monitor provides accurate heart rate and HRV data. Push for the long haul with up to 1 year of battery life.	
HRM-FIT™ HEART RATE MONITOR	010-13314-00	753759326524	\$149.99	Purpose-built for women, HRM-Fit is the heart rate monitor you need to capture the important metrics — all with a comfortable clip-on design.	
SPEED SENSOR 2	010-12843-00	753759222536	\$39.99	Monitor your speed as you ride with this easy-to-install wireless sensor. With no magnets or other exposed parts to line up, this sensor is easy to install, maintain and move between bikes.	
CADENCE SENSOR 2	010-12844-00	753759222543	\$39.99	Monitor your pedaling cadence as you ride with this easy-to-install wireless sensor. With no magnets or other exposed parts to line up, this sensor is easy to install, maintain and move between bikes.	
SPEED SENSOR 2 AND CADENCE SENSOR 2	010-12845-00	753759222550	\$69.99	Monitor your speed and cadence as you ride with these easy-to-install wireless sensors. With no magnets or other exposed parts to line up, these sensors are easy to install, maintain and move between bikes.	

¹Assumes all-day wear with 3 hours per day outside in 50,000 lux conditions

²This is not a medical device and is not intended for the diagnosis or monitoring of any medical condition; see Garmin.com/ataccuracy. Pulse Ox not available in all countries.

³See Garmin.com/GarminPay/Banks

⁴When paired with your compatible smartphone

⁵See Garmin.com/ataccuracy

⁶Requires both the sender and receiver of messages to have the Garmin Messenger™ app installed on their paired smartphones

⁷When paired with your compatible smartphone. For safety and tracking feature requirements and limitations, see Garmin.com/safety.

⁸Assumes continuous use for entire period in 50,000 lux conditions

⁹Assumes typical use with SatIQ™ technology

¹⁰Assumes use in 50,000 lux conditions; assuming typical use with SatIQ technology

¹¹Active satellite subscription required. Some jurisdictions regulate or prohibit the use of satellite communication devices. It is the responsibility of the user to know and follow all applicable laws in the jurisdictions where the device is intended to be used.

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