

**Product Code: GF-RPP** 

## **Pivoting Push Up Pod Assembly**

- 1. Pivoting Push Up Pods snap together into one portable unit, including the Handles: To dis-assemble them for use, start by pulling-apart the two Pod halves.
- 2. Remove the Handles from inside the Pods: Take the Handles from inside and pull them apart.
- 3. Snap the Handles and Pods together: Snap the two Handles together with the two Pods. Now, you're ready to do push ups. When you're finished with your workout, just reverse the steps and you're good to go. Train. Recover. Repeat. GoFit.
- 4. When you're finished with your workout, just reverse the steps and you're good to go.

## MAINTENANCE AND CARE

- Clean the Pivoting Push Up Pods with a damp cloth, mild soap, and warm water. **DO NOT** use abrasive or chemical cleaners. **DO NOT** immerse Pivoting Push Up Pods into water.
- Keep the Pivoting Push Up Pods out of direct sunlight. The Pivoting Push Up Pods should not be placed anywhere where it would be exposed to extreme high or low temperatures, heat sources or open flame.

## How Often should I Check my Exercise Equipment?

GoFit equipment should always be checked thoroughly before each and every use to assure there are no nicks, tears, holes or other damage to the item. Using damaged items could lead to severe injury. If any sign of damage or wear is present, immediately discontinue use of the item and contact GoFit Customer Service for assistance.

## **GOFIT PRODUCT WARRANTY**

This Limited Warranty applies to physical goods purchased from GoFit, LLC. The Limited Warranty covers any defects in material or workmanship under normal and expected personal use during the warranty period.

All GoFit products are warranted for 1 year from purchase.

The Limited Warranty does not cover any problem that has arisen from:

- Use outside of a home environment or personal use.
- Damage from use of the product in a manner not directed.
- Damage from neglect or abuse

- Damage in shipping (unless shipped direct from GoFit Store)
- Any and all other situations that were not related to defect in manufacture.

To obtain warranty service, original owner of the product must contact GoFit Customer Service directly, for review of the problem and resolution appropriate to each customers' issue.